



HEALTH CENTER POLICIES FOR PARENTS

Michele Weisberg, RN and Gianna Drew, RN

Camp (978) 402-2284, Fax (978) 402-2352

- **Over the Counter Medications**

The nurse will call you to obtain verbal permission if a non-emergent need arises for over the counter medications that we stock such as Acetaminophen, Ibuprofen, and Benadryl. You may write a letter giving permission ahead of time if you choose. We also stock an EpiPen for campers with *unknown* severe allergic reactions.

- **Sun Protection**

Please apply sunscreen prior to your child's arrival. Counselors will remind campers to re-apply after swimming and will assist younger age campers. Please place a name label on their hat, water bottle, and sunscreen. Light colored clothing will help keep your child cooler.

- **Head Lice**

Please inspect your child's scalp and hair on a weekly basis and report any lice occurrence to the nurse. We will send a notice home to you if there is a case in your child's group.

- **Influenza-Like Illness**

Persons who currently have or have had an influenza-like illness (fever plus at least either cough or sore throat) in the previous 7 days should not attend camp for 7 days after their symptoms began or until they have been symptom-free for 24 hours, whichever is longer.

NOTE: The nurse will call home if your child experiences fever, nausea, vomiting, rashes, a bump to the head, or any other injury that would require further observation. If you have questions feel free to contact the camp directly at 978-402-2284.

Campers Taking Medications and Special Medical Conditions

- **Administering of Medications**

Prescription medications must be in original pharmacy containers. We require a written order from the prescriber, signed consent from parent, and photograph of child. The parent should deliver medication directly to the nurse each Monday. If you would like to provide specific over-the-counter medication for the nurse to keep on hand for your child, please have it in the original packaging, and provide written consent and specific instructions re: dosage and frequency.

- **Campers with Special Health Conditions**

Notify the nurse of any chronic illness such as asthma, diabetes, seizure disorder or any **life-threatening allergy**. An **Emergency Care Plan** signed by parents and doctor must be provided to the camp nurse. This outlines measures to be taken in the event of emergency, including medication and dosage to be administered. A photograph of the camper must be attached. If a camper has a severe allergy or asthma that may require an inhaler, parents must provide camp with two EpiPens and/or inhalers, one of which will be carried by the camper's Head Counselor, and one that will be kept in the Nurse's Office and used in the event of an emergency.

- **Administration of Medications During Off-Campus Trips**

Campers in the Teen Adventure Camp will be off campus on field trips at various times. Counselors will be carrying and dispensing their routine medications.

Confidentiality

All information is confidential and will only be shared with the appropriate camp personnel who will be responsible for the care of your child.